Lunch **MENU**

December - Week 1
Dec 7th—Dec 11th

The Villages Charter School Autism Center

COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, gogurt, fresh carrots and a Lucky Charms cereal. Served with a ranch

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

HOT ENTREES

Pizza (All Week)

Hot Food Rotations

Monday—Popcorn Chicken

Tuesday—Boneless Wings

Wednesday—Hot Dog

Thursday—Walking Taco

Friday—Chef Choice



FRUITS & VEGGIES

Monday—Steamed Broccoli

Tuesday—Baked Beans

Wednesday—Roasted Potatoes

Thursday—Green Beans

Friday—Carrot Dippers with Ranch

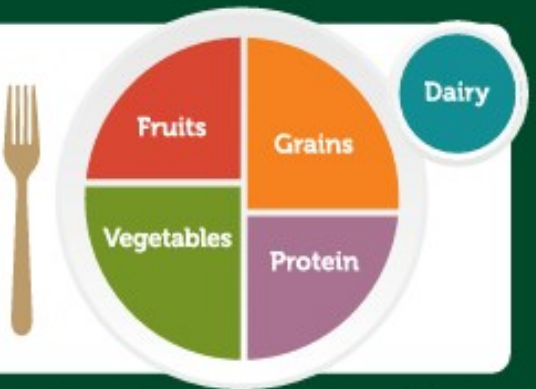
Assorted Fruits

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN G GRAIN V VEGETABLES F FRUIT D DAIRY

- **Choose 3-5 items (one must be a FRUIT or VEGGIE):**
- **Up to 2 FRUIT and/or VEGETABLES every day**
- **1% white MILK or non-fat chocolate MILK**



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity.

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Lunch
MENU

December - Week 2
Dec 14th—Dec 18th

The Villages
Charter School Autism Center

COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, gogurt, fresh carrots and a Lucky Charms cereal. Served with a ranch

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

HOT ENTREES

Popcorn Chicken (All Week)

Hot Food Rotations

Monday—Crispy Chicken Sandwich

Tuesday—Spaghetti & Meatballs

Wednesday—Buffaburger

Thursday—Pizza

Friday—Chef Choice



FRUITS & VEGGIES

Monday—Steamed Broccoli

Tuesday—Baked Beans

Wednesday—Roasted Potatoes

Thursday—Green Beans

Friday—Carrot Dippers with Ranch

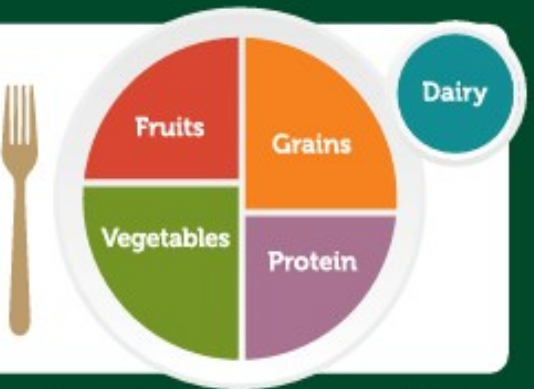
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- **Choose 3-5 items (one must be a FRUIT or VEGGIE):**
- **Up to 2 FRUIT and/or VEGETABLES every day**
- **1% white MILK or non-fat chocolate MILK**



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